

LG football kicks off the year

by Justine Reyes

Graphic Designer

After a close score in the first half, Archbishop Mitty ultimately defeated Los Gatos on Sept. 6 at Foothill College. The season's kickoff game ended with the Monarchs eventually pulling a 23-14 victory over The Wildcats, even though Los Gatos held the lead through the first two quarters of the game.



FACE-OFF: The Los Gatos team center snaps the ball to the quarterback.

Junior **Joey Wood** turned the score around early in the game with a 41-yard run through the middle of the field and proceeded to score on third-and-goal from the one yard line in the first quarter. On the third play, senior **Nick Bawden** threw 11-yards into the end zone to senior **Cody Marshall**, which put Los Gatos in the lead 14-6. Other notable players who gave Los Gatos momentum in the first half included senior **Cole Wisecarver**, junior **Drew Brown**, and PAT kicker, senior **Logan Chapman**. The entire rundown of the game included Mitty - Monroe 87 run (kick failed)
Los Gatos - Wood 1 run (Chapman kick)
Los Gatos - Marshall 11 pass from Bawden (Chapman kick)
Mitty - Monroe 51 run (run failed)
Mitty - Ramirez 23 run (Evans run)
Mitty - Scharrenberg 7 run (Monroe pass from Scharrenberg)

Los Gatos welcomed veteran coach **Mark Krail** this year to replace Butch Cattolico as head football coach for the Wildcats after Cattolico's retirement last season. This season, Krail has three all-leaguers and 27 varsity returnees for 2013. Although the defensive lineup is star-studded with Los Gatos seniors, the Wildcats are looking for the next great offensive players to replace the offensive starters who graduated last year. Regardless, the Los Gatos Varsity football team is in for another thrilling season.

Be sure to catch the Wildcats playing at the next nine games scheduled for the season:

9/13, Menlo-Atherton @ LGHS, 7:30 p.m.

9/20, @ San Benito, 7:30 p.m.

10/4, Santa Clara @ LGHS, 7:30 p.m.

10/11, @ Fremont, 7:30 p.m.

10/18, @ Mountain View, 7:30 p.m.

10/25, Saratoga @ LGHS, 7:30 p.m.

11/1, Wilcox, @ LGHS, 7:30 p.m.

11/8, @ Palo Alto, 7:30 p.m.

11/15, Milpitas @ LGHS, 7:30 p.m.



J. Reyes

PREPARING FOR BATTLE: The football team enters the field before the game.

Girl's tennis starts off strong

by Natalie Domengeaux

News Editor

The LGHS Girls' Tennis Team is off to a fantastic start this year. On Sept. 3, the team played its first scrimmage against Gunn High School. After a great match at home, the Varsity girls emerged victorious in a sweep of 7-0. The Junior Varsity team was successful as well, earning their own win at the away game. These scrimmages were a perfect prelude to the exciting season ahead.



MAKING THE SHOT: Girls tennis makes a "racket" on the Los Gatos courts.

After the match, varsity player and senior **Michelle Gorshteyn** shared her thoughts on this season's potential. Gorshteyn has been playing tennis for an impressive 7 years, and has happily represented LGHS for all four years of her high school career. For her, playing tennis has been both a team sport and an individual sport. Because of the sport's versatility, Gorshteyn feels that tennis "teaches sisterhood as well as strength and peace of mind."

With the win over Gunn High School under her belt, Gorshteyn feels that this season is promising. She said, "I expect our team to be the fiercest one on and off the courts. I expect us to have the best sportsmanship and the strongest mental and physical game possible." Gorshteyn also spoke highly of her four coaches, praising their skill level and dedication to the team, as well as their ability to push the players to reach their full potential.

Junior Varsity player, senior **Eva Vailionis**, had some equally inspiring comments about the season ahead. Vailionis, another 4-year veteran, is hoping to improve her skills this season. She admits that the sport is difficult, but says that it



SHOOT TO SUCCEED: **Mona Inouye** rallies successfully during tennis practice.

is just as satisfying: "Tennis, I think, includes various aspects of athletics. You have to excel at footwork, technique, and running. There are good days and bad days, but sometimes you beat someone you never thought you could and it's really rewarding." Vailionis is also impressed by this year's coaches. She believes, "We have fitness coaches and regular coaches and they are both amazing at getting us in shape. They try to work with our skill set to make us a better player."

With constantly improving skills and several talented coaches, the LGHS Girls' Tennis team will be an exciting one to watch this season.



N. Domengeaux

PRACTICE MAKES PERFECT: Students play matches at practice to improve skills.

NFL settles lawsuit

by Madison Prestine

News Editor

After two months of careful negotiations, media management, and national debate, the NFL settled a class action lawsuit with more than 4500 former players regarding the repercussions of player injuries following retirement. It was decided that the league will designate \$765 million for medical exams, injury-related compensation, and medical research.

On Aug. 29, the Senior U.S. District Judge Anita Brody announced that not only will the NFL pay for injury assessment procedures for eligible players, but the game rules will put more focus on player safety.

The new regulations are already apparent in this season's college football games. On opening weekend alone, there were six targeting ejections. Players from Indiana State, Oregon, California, Texas A&M, Tulane, and Colorado State were ejected and their teams penalized 15 yards. To put this into perspective, the most talked about hit from last season, South Carolina's defensive end Jadeveon Clowney's hit on Michigan's back Vincent Smith is once again under the spotlight. The hit was ruled a legal, clean blow under the previous rules; however, under the new "targeting" penalty ACC coordinator of officials Doug Rhoads said that Clowney would have been flagged, ejected, and the team penalized 15 yards this season. The controversy continues because South Carolina's coach, Steve Spurrier, says that given the location of the hit, Smith's chest, it should be ruled legal. Spurrier says, "I think what they're trying to prevent, and I agree, is when a player launches himself helmet to helmet into a guy. But that wasn't the case with Clowney's hit." Arkansas coach, Bret Bielema, agrees with Spurrier, "everybody agreed it was a clean hit. So if that guy [Rhoads] is officiating one of our games, hopefully he's going to be reprimanded before then."

Three former college football players, Chris Walter and Ben Martin on Tennessee's team from 2007-2011, and Dan Ahern who played for North Carolina from 1972-1976, are suing the NCAA for failing to educate players on the risks of concussions and other head-related injuries. They are claiming the league did not do enough to control, diagnose, and prevent head injuries.

"This is not going away," said Dean Blandino, the NFL's vice president of officiating. "The emphasis on these rules will continue. I just did training with our officials, and the message is, we are going to aggressively enforce these fouls. We're not backing off on the player safety part of it. That's the priority. We have to keep them safe."

Notable NFL players who will benefit from the ruling include at least ten members of the Professional Football Hall of Fame; quarterback and Super Bowl winner with the Chicago Bears Jim McMahon, and Dallas Cowboys running back Tony Dorsett. Also included in the settlement agreement are family members of players who committed suicide; Junior Seau's family will be the first to receive the mandated compensation.

Additionally, the injury in question will not have to be related to a player's football career, so they will not need to prove a correlation in order to receive the benefits. Players who have developed, or develop problems such as Alzheimer's, ALS, or severe dementia will receive benefits from the NFL.

However, despite this victory for the players, there are now questions that cannot be answered. Originally the plaintiffs accused the NFL of knowingly hiding a parallel between football and chronic head injuries. The NFL denied responsibility, but with this fast settlement the case is closed and we may never know the truth of the allegation.

(Sources: USA Today, NFL.com, New York Times, Bleacher Report, Businessweek)

Girl's golf tees off

by Setareh Raygani

Web Editor

On a pristine green golf course, the Los Gatos High School girl's golf team began to tee up before their first match. In unison they put on their white gloves that matched their orange and white golfing apparel. After each player pierced the ground with their tees, they took practice swings before hitting the ball. These classy ladies began to throw commentary about their form.

This season's Co-captains, seniors **Maddy Bong** and **Natasha Cougoule** have high hopes for this year's 14-member group. This year, the freshmen girls are expected to lead the varsity team, according to Bong. Cougoule stated that this is "probably the greatest girl's golf team LGHS has ever had." Freshmen **Katy Claminski** and **Nicole Foster** have been pointed out as players to watch out for as they progress through their high school career.

The golf team strives to improve their game and their reputation as a respected team on campus. In the first game of the season against Palo Alto on Sept. 5th, the team suffered a loss of 192-122. Scores are calculated using the sum of the top five scores of the six players who played in the game. For the captains, winning is not a main priority. Instead they encourage their team to enjoy the sport and their performance.

Team bonding has been a top priority for the girl's golf team. "Golf is a heavily isolated sport and sometimes you never get to socialize with your teammates," said Bong. The players on the girl's golf team have learned to coach themselves in their technique and game strategy, since a player's style is very individualized.

On a final note Cougoule concluded that "I have learned so much from playing golf on the LGHS team, and I have come to a realization that honesty, personal integrity, and focus are key values that I will take away from my years playing golf." So far, the team is off to a great start, and will continue with their success throughout the season.



courtesy Natasha Cougoule

FORE: Maddy Bong tees off at her golf match on Sept. 10, 2013.